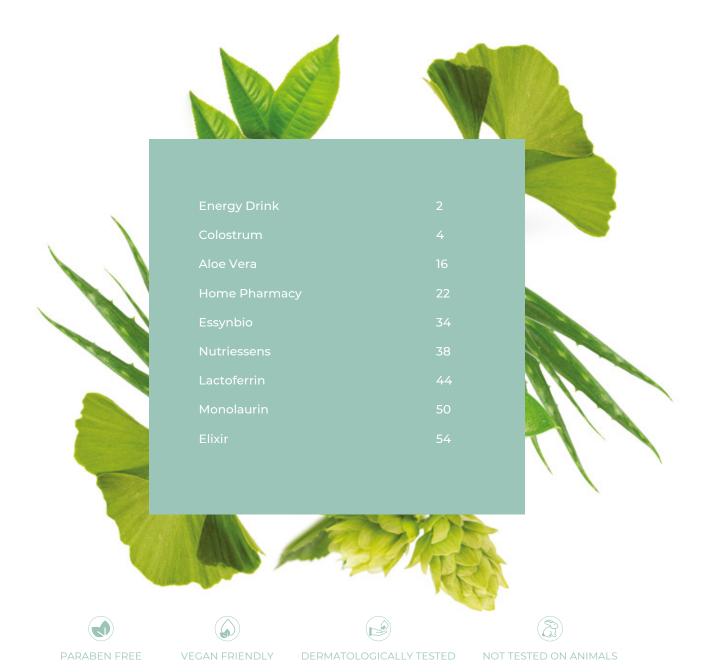


food supplements catalogue





ESSENS ENERGY DRINK

- · Lightly carbonated energy drink with taurine, caffeine and guarana extract
- It delights your taste buds, gives maximum refreshment and enough energy to handle challenging moments
- · Amino acid taurine improves concentration, affects brain function and promotes metabolism
- Caffeine reduces the feeling of fatigue and feeling of being sleepy, it also increases the ability to concentrate
- Guarana plant extract provides the so-called "speed effect", contains cardiac stimulants and has an effect on the overall stimulation of the body (central nervous system, heart activity)





WHAT IS COLOSTRUM?

- Colostrum is the first milk, produced by the mammary glands after mammals give birth. Contained within are all the necessary, ready-made antibodies to protect against infection in the early weeks of life.
- ESSENS Colostrum comes exclusively from bovine (cow) farms with permanent veterinary control in the Moravian-Silesian Region. Further processing takes place in a pharmaceutical company that is certified with GMP under the auspices of WHO - World Health Organization and HACCP - system of risk analysis and determination of critical control points and under the auspices of the Ministry of Agriculture of the Czech Republic according to EU directives.
- ESSENS Colostrum is obtained exclusively from the first yield of milk after the birth of the calf. Only this first yield guarantees the highest possible number of beneficial substances.
- Colostrum is valued for its high content of vitamins (A, D, E, C, B1, B2, B6, B12, folic acid, pantothenic acid, biotin, niacin), minerals, trace elements (sodium, potassium, calcium, phosphorus, magnesium, iron, iodine, chromium), proteins and protease inhibitors.
- Colostrum contains antibodies which are effective against bacteria, viruses and fungi. It also contains Lactoferrin a multifunctional protein which reduces inflammation in the body.
- Colostrum contains growth factors that positively influence wound healing, creation of muscle mass, they enhance the nervous system and increase the overall vitality of the body.
- Colostrum contains immunoglobulins that have an essential role in protecting the immune system. These are mainly immunoglobulins IgG, IgA and IgM.
 The largest portion being immunoglobulin IgG, which in ESSENS Colostrum is very high, at least 41%.



ESSENS COLOSTRUM

- · Food supplement developed and manufactured under pharmaceutical supervision
- · High content of active ingredient IgG40 (400 mg in one capsule)
- · Supports natural immunity
- · Helps during cold and flu
- · Contributes to normal function of your immune system
- Helps increase the absorption capacity of the digestive tract and also takes care
 of the intestines
- Optimal support for the body during intense sports training
- · Does not contain artificial colouring, sugar or gluten
- Excellent tolerance in people with lactose intolerance
- There are no known negative effects whilst being taken with other food supplements or medication

THE BEST RESULTS TO
STRENGTHEN THE IMMUNE
SYSTEM IS ACHIEVED
BY ESSENS COLOSTRUM THREE
MONTHS CURE, RECOMMENDED
PRIMARILY IN SPRING AND
AUTUMN



60 capsules | £35.10





ESSENS COLOSTRUM + CURCUMIN

- · Food supplement developed and manufactured under pharmaceutical supervision
- · Active ingredients colostrum, long turmeric extract and black pepper seeds extract
- 1 capsule contains 100 mg of colostrum IgG40
- · Does not contain artificial colouring, sugar or gluten
- Excellent tolerance in people with lactose intolerance
- · There is no known interaction with other food supplements or medicaments
- · Curcumin is curcuma longa plant extract and has very strong antioxidant and antiinflammatory effects
- · Piperine is an extract from the fruit of the black pepper seeds and causes better absorption of the active substance into the body, curcumin has up to 20 times higher efficiency thanks to piperine





ESSENS COLOSTRUM + VITAMIN D

- Food supplement developed and manufactured under pharmaceutical supervision
- · Active ingredients colostrum and provitamin D3
- · High content of active ingredient IgG40 (400 mg in one capsule)
- · Does not contain artificial colouring, sugar or gluten
- Excellent tolerance in people with lactose intolerance
- There are no known negative effects whilst being taken with other food supplements or medication
- Uses all the benefits of ESSENS Colostrum, but on top of that in combination with vitamin D:
 - · Contributes to normal bones and teeth strength
 - · Contributes to normal blood pressure





60 capsules **£ 42.60**



- Food supplement developed and manufactured under pharmaceutical supervision
- · Active substances colostrum, chlorella extract and inulin
- · Colostrum IgG40 content of 70 mg per capsule
- · Without artificial colours, sugar and gluten
- · Excellent tolerance for people with lactose intolerance
- · There is no known interaction with other food supplements or medicines
- · Chlorella is a freshwater algae rich in minerals, vitamins and fibre
- the food supplement uses all the benefits of the ESSENS Colostrum food supplement, but with chlorella extract also:
 - · Has antioxidant effects
 - · Supports the normal functioning of the liver, purification of the organism
 - · Supports weight control



60 capsules | £ 42.60





mettette sammen og det sammen





ESSENS COLOSTRUM + ACEROLA + VITAMIN C

- Food supplement developed and manufactured under pharmaceutical supervision
- · Active substances colostrum, acerola extract and vitamin C
- · Colostrum IgG40 content of 150 mg per capsule
- · Without artificial colours, sugar and gluten
- · Excellent tolerance for people with lactose intolerance
- There is no known interaction with other food supplements or medicines
- The food supplement uses all the benefits of the ESSENS Colostrum food Supplement, but with vitamin C in addition:
 - Contributes to maintaining the normal function of the immune system
 - Supports the formation of collagen for the normal function of blood vessels, bones, cartilage, teeth and skin
 - Helps protect DNA and cells from oxidative stress and strengthens the function of the nervous system

NEW PRODUCT SUMMER 2023

60 capsules | £ 42.60





ESSENS COLOSTRUM + EXTRACT CHLORELLA

- · Food supplement developed and manufactured under pharmaceutical supervision
- · Active substances colostrum, chlorella extract and inulin
- · Colostrum IgG40 content of 335 mg per capsule
- · Without artificial colours, sugar and gluten
- Excellent tolerance for people with lactose intolerance
- · There is no known interaction with other food supplements or medicines
- · Chlorella is a freshwater algae rich in minerals, vitamins and fibre
- the food supplement uses all the benefits of the ESSENS Colostrum food supplement, but with chlorella extract also:
 - · Has antioxidant effects
 - · Supports the normal functioning of the liver, purification of the organism
 - · Supports weight control







60 capsules | £ 42.60



ESSENS YOGHURT MAKER

- · Simple appliance for preparing ESSENS Colostrum Probiotics live yoghurt + 7 jars
- Delicious fresh yoghurt is ready for consumption in just 8 hours of maturation
- · Easy to use, easy maintenance, harmless to health using materials that are also food-grade
- Production of yoghurt in a high quality 1.5l stainless-steel container or directly in jars with a capacity of 0,1l each jar
- Energy saving wattage of 20W
- · Self-regulating, smart heating PTC element guarantees maximum safety
- · Clean design and smooth surface for easy maintenance
- · The warning light indicates the "ON" status



ESSENS COLOSTRUM PROBIOTICS

- · Food supplement manufactured under pharmaceutical supervision
- Intended for individual preparation of homemade yoghurt and without preservatives, sweeteners and other chemical ingredients
- ESSENS Colostrum Probiotics yoghurt features up to 100 times the number of live bacteria than the commonly available yoghurt
- Probiotic mixture in 1 sachet corresponds to production of yoghurt using 1 litre of fresh milk
- Contains the 4 most valuable strains of probiotics as well as prebiotics inulin and colostrum
- Yoghurt made from ESSENS Colostrum Probiotics is a "functional food", i.e foodstuff that is made from naturally occurring ingredients and has beneficial effects on the health of the consumer
- Helps to supplement the lactic bacteria into the digestive tract, regulates impaired intestinal microflora due to an unhealthy diet, antibiotic treatment etc.
- Improves and regulates digestion, prevents the multiplication of harmful substances and protects the mucous membrane of the stomach and intestines
- Colostrum, contained in the ESSENS Colostrum Probiotics mixture, supports the immune system, regulates digestion and has an anti-inflammatory effect

4 PROBIOTIC STRAINS:

- STREPTOCOCCUS LACTIS
- LACTOBACILLUS BULGARICUS
- LACTOBACILLUS ACIDOPHILUS
- BIFIDOBACTERIUM BIFIDUM





6 sachets **| £24.60**





ALOF VERA BARBADENSIS MILLER

Aloe Vera may grow up to 100 cm tall and is a succulent perennial herb with a short stem and a rosette of sparsely growing, spiny leaves. The origin of the plant is mostly attributed to the Nile basin, but is now cultivated in climatically conforming regions around the world. The pulp of the leaves is formed by colourless cells with a gel-like content that has clinically proven health benefits and is therefore used as a food supplement and has now found its place in the cosmetics industry.

Aloe Vera Gel contains amino acids, vitamins, minerals, enzymes, polysaccharides and many other beneficial substances. The values of these substances are not constant and vary, depending mainly on the growth conditions. On these grounds, ESSENS products are made exclusively from the Aloe Vera Barbadensis Miller and grown in the BIO quality of the natural environment and non-contaminated areas of Jaumave, Mexico. The plants are watered only by rain or spring water from the mountains without the use of fertilizers, insecticides or herbicides. They are not genetically modified.

The Totaloe process - this revolutionary way of processing aloe vera allows to maintain preservation of 200 active ingredients and more than 75 different nutrients. It combines traditional manual processes with additional phases ensuring the perfect quality of processed gel.

Micronization - one of the ways to increase the biological availability of medicines, natural substances, vitamins and minerals. The raw material is micronized into particles only a few micrometers in diameter. This increases the surface area of the resulting material and enables faster absorption in the body, increasing the effectiveness of the food supplement.

GET ACQUAINTED WITH INDIVIDUAL STEPS OF THE TOTALOE PROCESS



THE GROWING, PRODUCTION PROCESSES AND RESULTING RAW MATERIALS ARE DOCUMENTED BY GLOBALLY RECOGNISED CERTIFICATES OF QUALITY











ESSENS ALOE VERA 99.5% GEL DRINK APPLE + ACAI

- · Food supplement manufactured from certified Aloe Vera Barbadensis Miller of the highest quality
- Apple concentrate has a high content of vitamin C, fibre and antioxidants, it helps the normal functioning
 of the digestive and vascular systems as well as the maintenance of normal cholesterol
- Acai berry is the fruit of the Euterpe Brazilian palm, it is characterised by a wide complex of vitamins, minerals, trace elements, essential fatty acids and fibres - this creates strong antioxidant properties and slows down the ageing process
- ESSENS Aloe Vera 99.5% Gel drink contains all the benefits of the existing food supplements, but in combination with apple concentrate and acai berry, it can also contribute towards:
 - · Detoxifying the body and stimulating the immune system
 - · Contributes to normal cholesterol levels
 - · Improving digestion
 - · Does not contain artificial colouring, sugar, gluten or lactose

ESSENS ALOE VERA 99.5% GEL DRINK – VITAMIN C ESSENS ALOE VERA 99.5% GEL DRINK – GRAPE

- · Food supplement manufactured from certified Aloe Vera Barbadensis Miller of the highest quality
- · Available in two flavours with vitamin C and with grape concentrate
- · Does not contain aloin a glycoside with strong laxative effects, found in the leaves of aloe vera
- Supports the work of the digestive system, helps with regular bowel function, supports the movement
 of intestinal contents
- · Contributes to innate protection against microorganisms
- Contributes to normal function of your immune system
- Has a positive effect on the condition of skin, hair and nails
- · Does not contain artificial colouring, sugar, gluten or lactose



ESSENS ALOE VERA CONCENTRATE WITH HERBAL EXTRACTS

- · Food supplement manufactured from certified Aloe Vera Barbadensis Miller of the highest quality
- · Active ingredients extracts of medicinal plants dandelion, milk thistle, nettle
- · Does not contain aloin a glycoside with strong laxative effects, found in the leaves of aloe vera
- Supports the work of the digestive system, helps with regular bowel function, supports the movement of intestinal contents
- · Contributes to normal cholesterol levels
- · Supports the body's natural defences
- · Promotes venous circulation
- · Positively affects the nervous system's function
- · Has a positive effect on skin, hair and nails
- · Does not contain artificial colouring, sugar, gluten or lactose

HIGH-CONCENTRATED
PRODUCT WITH A 10:1 RATIO IS
ACHIEVING
A MAXIMUM EFFECT IN
ORGANISM





ESSENS ALOE VERA + BOSWELLIA

- Food supplement developed and manufactured under pharmaceutical supervision
- · Active ingredients aloe vera extract, boswellia serrata extract
- Boswellia is a tree whose resin was used in ancient Egypt and worth more than gold, thanks to its positive effects on the musculoskeletal system
- · Helps maintain healthy bones and joints
- · Contributes toward natural collagen formation
- · Does not contain artificial colouring, sugar, gluten or lactose

ESSENS ALOE VERA + Q10

- Food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients aloe vera extract, coenzyme Q10 and green pepper extract
- Coenzyme Q10 is a substance similar to vitamins and occurs naturally
 within the human body, especially in the brain and in heart muscle
 cells. Its effect protects cells in the body from premature damage
 which naturally protects the cells and the entire body against
 symptoms of premature ageing
- · Supports the body's natural defences
- · Acts positively against fatigue
- · Positively affects the central nervous system
- · Does not contain artificial colouring, sugar, gluten or lactose





60 capsules **| £39.20**





ESSENS HOME PHARMACY

FOOD SUPPLEMENTS CONTAINING THE HIGHEST POSSIBLE QUALITY OF ACTIVE INGREDIENTS

- Developed and manufactured under pharmaceutical supervision in the Czech Republic.
- Production is subject to GMP certification under the auspices of WHO (the World Health Organization) and HACCP certification (hazard analysis and critical control points determination) and under the auspices of the Ministry of Agriculture according to EU directives.
- Active substances are obtained exclusively from natural sources.
- Used materials are not prepared by chemical method.
- · Products are not tested on animals.
- Products do not contain sugar, gluten nor lactose, are made from plant material, are completely safe and non-addictive.

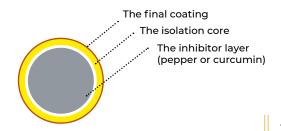
HI-TECH PRODUCTION - TOP REVOLUTIONARY TECHNOLOGICAL PROCESSES

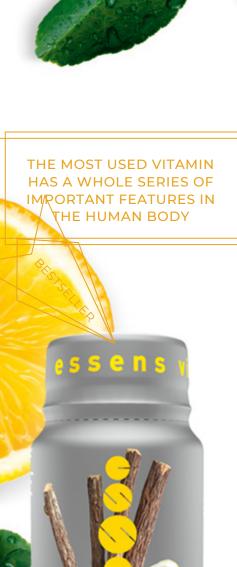
- **Micronization** is a method by which pharmaceuticals, natural substances, vitamins and minerals increase their bioavailability. It is the progressive reduction of raw material to a particle size of several micrometers. The resulting substance, thanks to its larger molecular surface, creates conditions for the improvement and acceleration of dissolution in the body and ultimately, a higher efficiency food supplement.
- Inhibition of enzymes a process which results in the reduced activity of enzymes - proteins produced by living organisms which act as a catalyst to bring

- about many biological processes. Slowing the activity of enzymes leads to an ideal dissolution time of the tablet, natural ingredients pepper and curcumin perform this function perfectly.
- Multilayer coating of a tablet / pellet is a unique technology which first appeared on the world market for the ESSENS Home Pharmacy products. Successively depositing several layers with different contents of active substances, the dissolution of the tablet is optimally timed, which leads to revolutionary effects that can be very difficult to achieve through conventional methods.

ESSENS HOME PHARMACY FOOD SUPLEMENTS ARE BEING USED ACCORDING TO BIORHYTHM

- Biorhythm is the regular alternation of physical and mental conditions that affect the body, individual organs and cells.
- Circadian rhythm the length of a biorhythm repeats within seconds, minutes, hours and days.
- Circatrigintan rhythm the length of a biorhythm repeats within months.
- Circaannual rhythm the length of a biorhythm repeats within years.
- Dosing ESSENS Home Pharmacy food supplements according to the circadian rhythm ensures the highest efficiency and maximum effect is achieved.





ESSENS VITAMIN C

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Unique vitamin C with liquorice and strawberry extract and natural sweetener
- Micronization ensure quick dissolution and performance within the organism
- Allows unrestricted entry of vitamin C into the body
- Thanks to a buffering form it protects the teeth and the mucous membranes in the digestive tract from the otherwise acidic vitamin
- Liquorice extract contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- Vitamin C contributes to maintaining the normal function of the immune system, even during and after intense physical exercise
- Contributes to normal collagen production for normal function of blood vessels, bones, cartilage, teeth and skin
- Promotes the protection of cells from oxidative stress, normal energy metabolism and psychological activity
- It reduces fatigue and exhaustion rates and contributes to normal nervous system activity
- · Does not contain artificial colouring, sugar, gluten or lactose



60 tablets | £ 13.10



ESSENS SLIM'SS

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients apple fibre, green tea extract with catechins and black pepper extract
- Helps those who want or have been advised to reduce their bodyweight and those who want to maintain their bodyweight
- Camellia sinensis helps the body use fat as an energy source, stops water from storing in the body and supports the metabolism
- · Apple fibre reduces appetite and provides the feeling of fullness
- Black pepper slows the function of digestive enzymes, contributes to a better absorption of effective ingredients into the organism which leads to a maximum effect in the body
- · Contains caffeine
- · Without artificial colouring, sugar, gluten or lactose

ESSENS SLIM'SS VIT

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- · Vitamins A, D, E and K in one tablet, dissolvable in fats
- We recommend using this product in the second month of regular usage of Slim'SS
- · Given for free with 2 months of Slim'SS treatment
- \cdot Does not contain artificial colouring, sugar, gluten or lactose





60 tablets **| £ 42.90**30 tablets **| £ 5.30**





FSSENS FLOW'FN

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients extracts from chestnut and black pepper, vitamin C
- · Helps protect the vascular system
- Contributes to the reduction of the feeling of heavy legs and the presence of cramps in legs
- Active substance of chestnut speed up the reduction of swelling whilst having anti-inflammatory effects, improve venous tone and are used during chronis venous insufficiency, for the treatment of varicose veins and haemorrhoids, speeds up the reduction of blood blisters and works against the origins of thromboses
- Black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- Vitamin C supports the function of blood vessels and contributes to protection of cells from oxidative stress
- Does not contain artificial colouring, sugar, gluten or lactose



ESSENS FLOW'EN GEL

- Cosmetic product in the form of a massage cooling gel developed and manufactured under pharmaceutical supervision
- It contains a unique combination of natural ingredients betaescin, betaglucan and panthenol with a beneficial effect on the quality of the venous and lymphatic system
- Betaescin (ß-aescin) is a natural saponin derived from horse chestnut seed and has a number of proven pharmacological effects. It supports better blood circulation in the veins and vascular capillaries
- Betaglucan (ß-glucan) is a natural polysaccharide that supports the body's defences and is known as an activator of important skin cells
- Panthenol is the body's own form of vitamin B5, has anti-inflammatory, regenerative and calming effects, supports the production of collagen and elastin fibres
- The raw materials used are of the highest possible and guaranteed quality and are obtained exclusively from natural sources, the gel does not contain stabilizers or colouring
- It helps to reduce the feeling of heavy, tired and strained legs, is suitable for reducing swelling caused by long-term sitting or standing and to reduce the incidence of night cramps
- Supports the acceleration of the absorption of bruises, contusions, ecchymosis and swelling





30 tablets | £14.90 100 ml | £22.70

ESSENS HEAD'FS

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients coenzyme Q10, vitamins B, extracts from ginkgo biloba leaves and black pepper
- · Helps reduce headache
- · Contributes to an increase in brain activity
- Coenzyme Q10 is a substance similar to vitamins occurring naturally in the body, especially in the brain and heart muscle cells, it protects the body cells from premature fatigue and from signs of premature ageing
- Ginkgo biloba contributes to the microcirculation of the circulatory system, helps to maintain good memory and improves mental capability
- Black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- Vitamins B2 and B6 support the activity of the nervous system and reduce the degree of fatigue and exhaustion
- Does not contain artificial colouring, sugar, gluten or lactose

AVOID HEAD PAIN
CAUSED BY REDUCED
OXYGEN ACCESS AND
GLUCOSE INTO THE
BRAIN, SOME OF THE RISK
FACTORS ARE PSYCHIC
AND PHYSICAL EXERTION,
HORMONAL CHANGES,
SMOKING OR LONG-TERM
WORK ON COMPUTERS





30 capsules | £20.10

ESSENS ES'LEEP

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients extract of hop cones, sour cherry and black pepper, inositol and chromium
- · Optimal for people with trouble falling asleep
- Helps to improve the quality and duration of sleep, acts towards reduction of exhaustion and calms down the nervous system
- Hormone melatonin, contained in sour cherry, influences daily circadian rhythm, its increase is connected with the urge to sleep
- · Inositol has soothing and antioxidant effects
- Chromium supports the right metabolism of sugars and fats
- Black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- · ESSENS ES'Leep is not addictive
- Does not contain artificial colouring, sugar, gluten or lactose



30 tablets | £27.60

ome pha

ESSENS HARD'EN

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients extract of unfermented green tea leaves, black pepper extract and amino acids L-citrulline and L-ornithine
- · Encourages male erection
- · Optimal for adult men of all ages
- · Green tea provides the flexibility of blood vessels
- Amino acid L-citrulline significantly increases blood flow to tissues and supports sexual function
- Amino acid L-ornithine significantly intensifies the effect of L-citrulline
- Black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- · To be effective, sexual stimulation is required
- Does not contain artificial colouring, sugar, gluten or lactose

REPEATED LACK OF AN ERECTION
MAY LEAD TO THE REDUCTION
OF CONFIDENCE
AND CONSEQUENT
AVOIDANCE OF SEXUAL
INTERCOURSE AND ALSO
TO THE DISINTEGRATION
OF A RELATIONSHIP



30 tablets | £24.80



ACCORDING TO THE WORLD
HEALTH ORGANISATION
(WHO), A THIRD OF THE
POPULATION IS TAINTED
BY PARASITES WHICH
ARE THE CAUSE OF MANY
SEVERE DISEASES, MOST
COMMONLY IN THE HUMAN
BODY ARE FOUND IN
THE DIGESTIVE TRACT,
LUNGS, LIVER, STOMACH,
BUT ALSO IN THE BRAIN,
BLOOD, SKIN AND EVEN IN
THE EYES

ESSENS CLEA'NS

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients medical magnolia, enzyme protease, black pepper extract and vitamin A
- · Natural antiparasitic
- Ideal for detoxification
- · Suitable for the initiation of a healthy diet
- Medical magnolia acts positively for regular intestinal functions
- Enzyme protease from aspergillus oryzae supports the proper splitting of proteins in the digestive tract
- Black pepper contributes to a better absorption of effective ingredients into the organism, which leads to a maximum effect in the body
- Vitamin A maintains the optimum condition of the mucous membranes, including the intestinal tract
- Does not contain artificial colouring, sugar, gluten or lactose





30 tablets | £35.60

ESSENS ES'PURE START

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- The maximum effectiveness of the ES'Pure Start food supplement is achieved in combination with other ESSENS Home Pharmacy products and because of this, is not sold separately.
- · Active ingredients wide spectrum of B vitamins from yeast
- B vitamins have a positive effect on energy metabolism, reduce fatigue and exhaustion, and contribute to the optimal functions of the nervous system
- Does not contain artificial colouring, sugar, gluten or lactose

ESSENS ES'PURE

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- Active ingredients magnesium, manganese, amino acid taurine and vitamins B6 and B9
- Combination of magnesium and amino acid taurine have beneficial effect on liver regeneration, which among other things has the function to cleanse the body of toxins circulation in the blood or lymphatic system
- B vitamins help to reduce fatigue and exhaustion, have an effect on energy metabolism
- · Does not contain artificial colouring, sugar, gluten or lactose



30 tablets **| £21.50**







WHAT IS DETOXIFICATION OF AN ORGANISM?

Detoxification is the process by which the body removes the harmful effects of toxic substances and toxic gases. Among these toxic substances are cigarette smoke, chimney smoke, exhausts fumes, pesticides, heavy metals, harmful paints, improper cosmetics, toxins in beverages and foods, toxic medicaments, plastic softeners, hormones but there are many more. Although the human body possesses the ability to exclude the majority of toxic substances, it is beneficial, from time to time, to help remove the harmful products of metabolism, purify the blood and strengthen the detoxification organs, including the liver, lungs, intestines, kidneys and skin itself.

WHY IS DETOXIFICATION IMPORTANT?

Every season brings a different degree of burden to our bodies, especially in winter, which brings the biggest flooding of toxins to our bodies. The human organism is weakened and languished. Detoxification promotes an overall higher metabolism, help for the immune and nervous systems and brings the body relief.

ESSENS DETOX

The basis for the three-month ESSENS detox is ESSENS Home Pharmacy product line and combination of products:

1x ESSENS ES'Pure Start, 2x ESSENS ES'Pure, 3x ESSENS Flow'EN and 1x ESSENS Clea'NS.

The uniqueness of the ESSENS Detox is in the synergy between our top products. These have themselves excellent results in specific applications, but the effectiveness of the four products in complex treatment does not accumulate, but instead multiplies.



ESSYNBIO

DESIGNED TO INDUCE THE SYNERGY BETWEEN OUR BODY AND THE MICROCOSM INSIDE US

Synbiotics are products combining probiotics and prebiotics, the effect of which is based on synergy, i.e. synergism, where the result is MULTIPLE times bigger than just a sum of individual component effects.

SYNBIOTICS = 1 + 1 > 2

ESSYNBIO Microbiome Caps has been developed by ESSENS Scientific Board team, i.e. leading Czech experts, technologists and researchers in the field of biotechnology, pharmacology and food industry. They have been working on the aspects of probiotic and prebiotic substances for many years and their valuable knowledge is implemented and published in professional publications around the world.

WHY DO WE NEED SYNBIOTICS?

Because 70% of the immune system is hidden in the digestive tract. There are over a trillion bacteria in a human organism, which an average of 1–1.5 kg in human intestines. The amount of bacterial cells in our intestines is 10 times higher than the number of cells that form a human body. This so-called microbiome manages and controls our lives much more than we would be willing to admit. It fundamentally controls the immunity, obesity and psyche, and is also related to many diseases. Synbiotics have a very positive impact on human organism and their regular use is suitable across all generations.





ESSYNBIO MICROBIOME CAPS

- · Food supplement manufactured under pharmaceutical supervision
- New generation of synbiotics, ESSYNBIO MICROBIOME CAPS, is a combination
 of probiotics and prebiotics in one capsule, the effect of which is based on
 synergy, i.e. synergism where the result is much bigger than the sum of individual
 component effects
- A unique combination consisting of 16 complex probiotic strains (with high CFU* in amount of 35 billion probiotic bacteria in one capsule), prebiotics and vitamin C
- Probiotic cultures Lactobacillus acidophilus LA14, Lactobacillus acidophilus NT, Lactobacillus rhamnosus, Lactobacillus plantarum, Lactobacillus casei, Lactobacillus acidophilus hard biofilm, Lactobacillus reuterii, Lactobacillus sporognes, Bifidobacterium bifidum, Bifidobacterium breve, Bifidobacterium lactis HN019, Streptococcus thermophilus, Bifidobacterium longum, Bifidobacterium animalis, Bifidobacterium infantis, Bifidobacterium lactis Bi07
- An important factor of top probiotic strains is their ability to adhere to the intestinal mucosa, in ESSENS Microbiome Caps this function is provided by PROBIFIX, a special and patented adhesive component on bacterial cultures, which increases the effectiveness of synbiotics many times
- $\boldsymbol{\cdot}$ Resistant to gastric acid for optimal impact in the intestines
- Optimal as an addition to intestinal microflora, adjusts it when disturbed due to inappropriate diet, antibiotic treatment, etc.
- Prebiotic soluble fibre FOS and GOS (fructooligosaccharides and galactooligosaccharides) promotes the development of physiological intestinal flora with a positive impact on digestion
- Microflora growth, especially lactobacilli and bifidobacteria, contributes to a normal absorption of health elements from a varied diet
- Vitamin C contributes to a normal energy metabolism and normal immune system function
- · Does not contain artificial colouring, sugar, gluten and lactose

*The amount of micro-organisms at the time of manufacture and during abiding storage conditions



NUTRIESSENS

The Nutriessens product line focuses on food supplements in the form of delicious and tasty gels with a fruity flavour.

Behind the product development is the ESSENS Scientific Board team, made up of experts and pharmacists, who have been in the industry for many years and who are presenting their valuable insights in professional publications around the world. The food supplements were developed and are being manufactured under pharmaceutical supervision in the Czech Republic, in compliance with the strictest EU rules and standards. Production is subject to GMP and HACCP certification.

Delicious gels are packed in an accurate 50g dose per day in separate practical sachets that allow not only immediate consumption, but also the consumption can be spread over a longer period of time thanks to a sealing cap.

The efficiency of these high-quality components ensures their mutual synergy, their maximum utilization in the body and the product therefore ranks among the top in the world market. The high bioavailability of the ingredients used is achieved by modern technological processing and guarantees maximum usable efficiency in the body. The active substances are obtained exclusively from natural sources without the use of chemically prepared raw materials. Only raw materials of the highest possible quality are used for production. The product does not contain gluten, lactose or artificial colouring.



FSSENS COLLAGEN

- · Food supplements in the form of delicious fruit gel with maracuja and orange flavour
- Active ingredients animal and plant collagen in an unbeatable amount of 7 000 mg, Acerola extract (vitamin C) and L-tryptophan
- The most valuable component is NATIVE (undisturbed by heat, chemicals or enzymes while being processed) unhydrolyzed type II plant-based collagen from acacia that does not contain any pathogenic factors and preserves its natural structure, the amino acid sequence is exactly the same as that of human collagen
- Maximum efficiency of animal collagen is ensured by hydrolysis (a decomposition reaction through water), because collagen of animal origin is poorly soluble in water and the human body would not be able to use it to the maximum efficiency in the organism
- More than 20 different types of collagen are currently known, the most important being: type I collagen (occupies 90% of all collagen, found in skin, tendons, bones and ligaments), type II collagen (found in cartilage cell mass), or type III collagen (similar to type I, occurs in soft tissues, eg. smooth muscles, nerve fibres, but also in hematopoietic tissues and epitheliums)
- Acerola is a shrub or tree, whose fruits are the richest natural sources of vitamin C, which is indispensable for the production of collagen in the body
- · Amino acid L-tryptophan is needed for every body cell and promotes collagen production
- · The gel does not contain artificial colours, gluten and lactose



COLLAGEN FORMS THE BASIC
FOUNDATION OF EDIBLE TISSUES AND
PLAYS A SIGNIFICANT ROLE IN ORGANISM
AGING, ESSENS COLLAGEN WITH ITS
VOLUME OF 7,000 mg OF COLLAGEN
DOESN'T HAVE COMPETITION ON THE
MARKET AND YOU HAVE STARTED
RENAMING IT "THE FLIXIR OF YOUTH"



ESSENS COLLAGEN

- In addition to type II plant-based collagen from acacia, ESSENS Collagen consists of porcine collagen containing type I collagen, type II collagen and type III collagen
- ESSENS Collagen prevents collagen glycation (glycation is the process of forming harmful AGE molecules in the body resulting in skin aging), contributes to the formation of collagen for normal functioning of bones, cartilage, skin and teeth, helps to restore skin elasticity, resulting in a younger appearance, while nourishing the skin perfectly and positively affecting hair and nails

ESSENS LIFT UP

- A food supplement in the form of a delicious orange-flavoured gel
- Active ingredients schisandra chinesis extract, sucrose, threhalose, taurine amino acid and group B vitamins
- ESSENS Lift Up is optimised to deliver the morning energy needed to start the central nervous system and organs, help prepare the body for all-day, heavy, physical and mental exercise
- The woody creeper, schisandra chinesis, from asia, is grown as a medical plant; is it categorised amongst adaptogens, i.e. substances that increase the resistance of organism under stress and extreme conditions, they stimulate the brain, peripheral nerves and strengthen cognitive function



- Sucrose and trehalose are natural carbohydrates and act as a source of glucose for brain cells
- Trehalose stimulates the unique mechanism of autophagy and has the ability to maintain a longer life of proteins
- Group B vitamins contribute to reducing fatigue and exhaustion, which positively affects energy and metabolism
- The amino acid taurine promotes cardiac activity and prevents the development of macular degeneration
- The gel does not contain artificial colouring, aluten or lactose



WEEKLY PACK | £ 24.20 (7 x 50 g)

MONTHLY PACK | £93.20 (4 x WEEKLY PACK + 2 pcs)



ESSENS CHILL OUT

- A food supplement in the form of a delicious sour cherry-flavoured gel
- Active ingredients sour cherry extract, tryptophan amino acid, vitamin B6 - pyridoxine, glucose
- ESSENS Chill Out helps to calm the body in the evening, relax the mind, relieve the feeling of exhaustion and increase overall mental wellbeing and better preparation for falling asleep
- Sour cherry extract stimulates the production of insulin, which, in combination with the amino acid tryptophan and vitamin B6, leads to serotonin formation and increased melatonin levels

CHILL OUT



- The neurotransmitter serotonin is a biologically active substance, produced in the brain, which influences perception and induces feelings of a good mood
- The melatonin hormone is a natural ingredient of the cherry extract, it affects daily circadian rhythms and a rise in its levels is connected with the urge to sleep
- The gel does not contain artificial colouring, gluten or lactose



WEEKLY PACK | £ 24.20 (7 x 50 g)

MONTHLY PACK | £ 93.20 (4 x WEEKLY PACK + 2 pcs)



WHAT IS LACTOFERRIN?

Lactoferrin is a multifunctional protein from the family of transferrins (carrier of trace elements such as iron, copper and zinc), which occur naturally in the human body. It is presented in exocrine secretions, particularly in blood plasma and white blood cells.

Lactoferrin can also be found, in small amounts, in all bodily fluids and is in fact part of innate immunity. Lactoferrin is naturally occurring meaning it is recognised and accepted without rejection. Furthermore, no resistance has yet been recognised. Lactoferrin is effective for all of us, regardless of gender and age.

ESSENS Lactoferrin is obtained from bovine milk. The reason being is, it's most similar to human milk and has the same effects during comparative tests. The human and bovine lactoferrin differs in only 2 amino acids (it consists of 700 amino acids), while for individual humans this difference can vary up to 8 amino acids.

Lactoferrin has a broad range of activity and has a positive effect on the human body. Its main function is bound and maintains constant and equal levels of iron in the body. At the same time, lactoferrin possesses the following characteristics:

- · Antimicrobial (acts against microorganisms)
- · Antibacterial (acts against bacteria)
- · Antiviral (acts against viruses)
- · Antifungal (acts against fungi)
- Antioxidant (protects the organism against the harmful effects of chemicals that we face every day)

- · Acts antiparasitic
- · Acts against dangerous radiation
- · Has an anti-inflammatory effect

The nativity (remaining undamaged by heat, enzymes and chemicals during manufacture) of lactoferrin is a very important parameter. We emphasise that our lactoferrin is treated with sophisticated technology and is extracted from fresh skimmed milk and not from whey, which is a waste material in dairy production.

Another important factor contributing to high quality is the **degree of saturation** by iron (but also copper or zinc) due to optimal regulation and maintaining the constant level of trace elements in the body. Under normal circumstances the saturation of lactoferrin fluctuates between 10 – 30%. If lactoferrin is saturated more than 80%, its antimicrobial and anti-inflammatory effect decreases. ESSENS Lactoferrin passes through a strict control of saturation by iron and its content is a mere 23%, which is very low.

The lactoferrin molecule has another great advantage - it is more stable against acids and enzymes. Any inflammation in the body is accompanied by acidification of inflamed tissue and many active materials (such as antibiotics) lose their effectiveness in these surroundings. But lactoferrin, even within secretions, is still active and effective.



30 tablets **| £64.40**



ESSENS LACTOFERRIN TABLETS

- Purely natural food supplement developed and manufactured under pharmaceutical supervision
- · Active ingredients lactoferrin, iodine, selenium and sour cherry extract
- · Does not contain chemical substances, sugar, lactose or gluten
- · Only the ingredients of the highest possible and guaranteed quality are used for manufacture
- It is made by special SOFT tabletting technology. This special manufacturing process doesn't cause denaturation, and thereby doesn't reduce the activity of lactoferrin. This special technology of processing lactoferrin is not used by any other company in the world!
- Many years of research has shown, that if we add a special bond of iodine and selenium to lactoferrin, the therapeutic attributes of the tablets are significantly improved
- lodine and selenium are important for proper functions of the immune system, regulating the thyroid and protecting the cells against free oxygen radicals
- Sour cherry fruit extract contains active substances that support the maintenance of a good physical condition
- Has positive effects on intense problems of the digestive tract, such as viral diarrhoea, alimentary diseases
- · Helps to remove pathogens from the body (bacteria, viruses, yeasts, moulds and fungi)
- · Helps strengthen the immune system
- Has a positive effect on the suppression of oxidation processes in the body that cause cell ageing and cardiovascular disorders
- · Helps with skin problems (acne, atopic dermatitis, erythema, etc.)





ESSENS LACTOFERRIN UNGUENTUM

- · Intensive healing ointment developed and manufactured under pharmaceutical supervision
- ESSENS Lactoferrin Unguentum is the result of a developed cooperation between PharmDr. Milan Krajíček and other professional scientific medical institutions
- · Does not contain chemicals, preservatives, stabilisers or colouring
- · Only ingredients of the guaranteed, highest possible quality are used for manufacture
- Unique combination of lactoferrin and virgin olive oil provides optimal hydration, easy coverage and excellent penetration of the skin by the ointment
- Supports the accelerated healing of a wide spectrum of injuries such as abrasions, minor cuts, burns, postoperative wounds and bedsores
- · Helps with infectious, viral, fungal or yeast diseases of the skin and mucous membranes
- · Helps accelerate the healing of herpetic infections (herpes, mouth ulcers)
- Helps with skin problems such as acne, erythema, cracked corners of the mouth and irritated skin around the nose during cold etc.



WOUND HEALING ON THE SKIN SURFACE OR ON MUCOUS MEMBRANES IS A COMPLICATED BIOLOGICAL PROCESS THAT CAN BE MEDICALLY CATEGORISED INTO 5 STAGES:

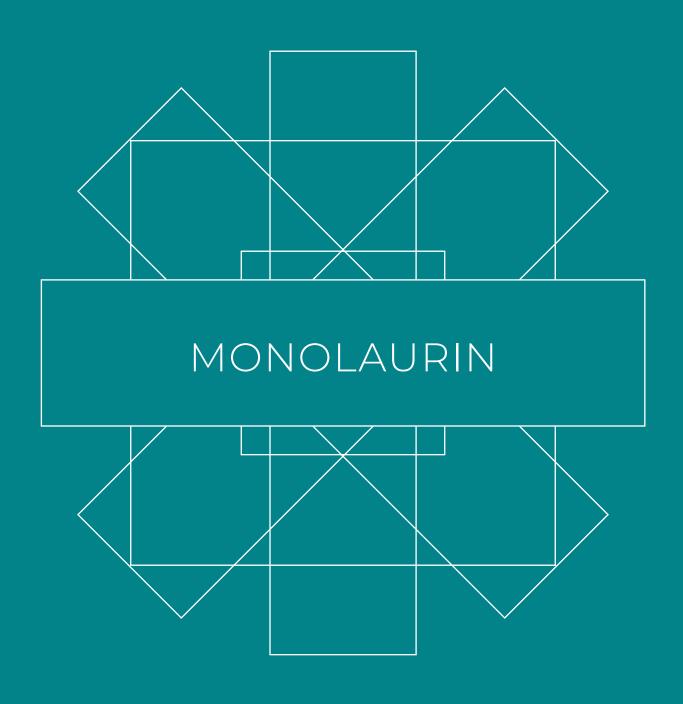
- 1. Haemostasis, the automatic reactive ability of the damaged organism to stop bleeding, a very demanding and effective reaction from the body.
- 2. Reparative inflammation is the stage of the activation of numerous materials and growth factors that repair or replace damaged or injured tissue.
- 3. Granulation is the process of forming granulation tissue which progressively fills the wound from its edges, new vessels and a network of collagen are formed.
- 4. Epithelization is the process of replication and migration of epithelial cells into the unhealed areas of skin or mucous membrane which leads to the formation of a new covering tissue, which replaces the provisional one.
- 5. Wound remodelling is the final stage when the adequate strength and adaptation to conditions of natural processes within the body is established in the new tissue.

The research of medical specialists has come to the conclusion that inflammation is the entrance process for wound healing. Excessively long periods of inflammation or a high inflammatory reaction can lead to poor wound healing and can be a cause of complications in the processes leading to recovery.

ESSENS Lactoferrin Unguentum helps to initiate the first stage of inflammation, and contributes to finishing this stage quickly. It then helps the body into the next phase of healing, whilst additionally contributing to the migration of newly created and healthy skin cells and connective tissue cells for fixation into new, connective networks.

ESSENS Lactoferrin Unguentum belongs among the products that support a damp wound healing. It is connected with other positive influences such as the acceleration of the granulation and epithelization processes. A state with constant pH and temperature is maintained in the wound. The ointment prevents the penetration of infection, limits the activity of reactive oxygen radicals and thanks to the absence of water, in the ointment-base, the wound is not macerated.





MONOLAURIN

Monolaurin is a pure lipid extract obtained from coconut oil. It occurs naturally in coconut oil (up to 47%), but it is also present in breast milk (about 6%). In the last two decades, it has been the subject of many scientific researches, where experts have investigated possible applications in food, cosmetics and medicine on the basis of very beneficial effects. The potential benefits of monolaurin stem from its immune, antibacterial, antifungal and antiviral properties.

ESSENS Scientific board has been handling the research, development and laboratory tests of Monolaurin for three years, with the support of the so-called small patent, Utility Model No. 33 526, registered at the Industrial Property Office of the Czech Republic dated 3rd of September 2019. The goal was to create a food supplement that would have antiviral effects in the human body.





ESSENS MONOLAURIN PREMIUM

- · A food supplement developed and manufactured under pharmaceutical supervision
- The revolutionary food supplement contains active ingredients in an appropriate ratio, glyceryl laurate, lauryl saccharate and vitamin A
- Monolaurin is a pure lipid extract obtained from coconut oil with beneficial properties for the immune system
- · Vitamin A ensures the proper growth, development, quality and functionality of mucous membranes, bones and haematopoiesis
- Maximum bioavailability in the organism is ensured on the market by a completely unique method of self-emulsifying form of monolaurin, patented by Utility Model No. 33 526
- ESSENS Monolaurin Premium also thanks to vitamin A contributes to the normal function of the immune system and mucous membranes. The combination of active ingredients helps the body's defences and supports the healthy balance of intestinal bacteria.
- The active substances are obtained exclusively from natural sources and from tested suppliers, the product does not contain sugar, gluten or lactose and is suitable for vegans





60 capsules | £38.00

ESSENS ANTI-V MIX

- According to the ESSENS Scientific Board, it is rational to consume more ESSENS food supplements, the effectiveness of which is mutually supportive, multiplies and affects the body in a specific area
- Anti-V Mix contains ESSENS Monolaurin Premium, ESSENS Lactoferrin, ESSENS Clea'NS and ESSENS Flow'EN



set **| £152.90**







ESSENS ELIXIR

Delicious elixirs are the result of the work of members of the ESSENS Scientific Board and their vision to create effective products that will be easy to consume even for those who are not so keen on tablets or capsules. At the same time, they copy in all respects the needs of today's hectic times and healthy lifestyle.

ESSENS ELIXIR food supplements have been purposefully designed to supply the body with the necessary substances for its proper function through natural ingredients. Special formulas with attractive fruit and herb flavours are enriched with effective plant extracts, which are widely used in the pharmacy and food industry.

Prebiotic fibre GOFOS™ - basic carrier of elixirs

 $GOFOS^{TM}$ is a patented soluble prebiotic indigestible fibre in the form of sweet fructooligosaccharide (sc-FOS) of approximately 95% purity.

GOFOS ™ is made from non-GMO sugar beets, but occurs naturally in small quantities in various fruits and vegetables. Soluble prebiotic fibre sc-FOS supports the growth and activity of beneficial intestinal microbiota and helps maintain a healthy gut.

GOFOSTM supports the health of the human intestine and thus strengthens the overall immunity. It is a highly effective prebiotic fibre, stimulates the growth of beneficial bacteria, inhibits the growth of possible pathogens, improves the production of fatty acids (SCFA) in the large intestine, enhances calcium and magnesium absorption, contributes to blood sugar regulation.





ESSENS ELIXIR ELDERBERRY & ROSEHIP

- Food supplement in the form of elixir with elderberry and rosehip flavour
- Prebiotic fibre GOFOS ™ with a significant therapeutic effect forms the basic carrier of the elixir
- Active ingredients wild crapemyrtle and elderflower extract, vitamins B1, B2, B3, B5, B6, B7, B9 and B12
- Wild crapemyrtle, i.e. acerola is a shrub or a small tree also known as tropical cherry and is of the richest sources of vitamin C, which contributes to the normal function of the immune system and protects cells from oxidative stress
- Elderflower is rich in antioxidants and is very popular for its positive effects not only for colds
- Elixir supports the body's defences, and contributes to the normal functioning of the nervous system and collagen production
- Vegan products without artificial colouring, gluten and lactose



700 ml **£ 55.50**



ESSENS ELIXIR SAFFRON

- · Food supplement in the form of a elixir with a saffron crocus flavour
- Prebiotic fibre GOFOS ™ with a significant therapeutic effect forms the basic carrier of the elixir
- Active substances wild crapemyrtle extract, L-tryptophan and saffron crocus
- Wild crapemyrtle, i.e. acerola is a shrub or a small tree also known as tropical cherry and is of the richest sources of vitamin C, which contributes to the normal function of the immune system
- L-tryptophan is a vital amino acid supporting the production of the neurohormones serotonin, melatonin and countless enzymes
- Affron® is a patented first-class extract from hand-picked stigma of the saffron, the most expensive spice in the world
- Affron® is processed by the patented low-temperature production process AFF®ON Cool-Tech, which ensures its long-term activity and stability, it is also the first saffron extract standardized by HPLC on Lepticrosalides®, bioactive compounds that help relaxation and physical balance and keep maintaining positive mood
- Affron® quality is based on 6 clinical studies that have shown an improvement in mood in healthy individuals that are exposed to occasional stress within 4 weeks of use
- Elixir helps to provide relief by improving the state of mind, increasing well-being, helps relaxation
- · Vegan products without artificial colouring, gluten and lactose

THE PATENTED AFFRON® COMPONENT
WAS AWARDED AS THE 2020
YEAR INGREDIENT FOR COGNITIVE
FUNCTION IN THE NUTRAINGREDIENTS
USA AWARDS

700 ml **|£53**



700 ml/£40.40

ESSENS ELIXIR SILYMARIN

- Food supplement in the form of elixir with milk thistle and goji flavour
- Prebiotic fibre GOFOS ™ with a significant therapeutic effect forms the basic carrier of the elixir
- · Active ingredients milk thistle and orthosiphon extract
- Milk thistle is a herb up to 150 cm tall, the use of which is already documented by ancient sources
- Milk thistle seed extract, also known as silymarin, has a strong antioxidant effect and has a protective impact on liver cells against harmful effects, where it increases the resistance of the cell membrane to the penetration of hepatotoxic substances
- Silymarin has a positive effect on the digestive system, optimizes the level of fats and cholesterol in the blood
- Orthosiphon is a herb of the Lamiaceae family, often used in natural healing remedies
- Elixir helps to get rid of excess water, helps fight free radicals, supports digestion
- Vegan products without artificial colouring, gluten and lactose

ESSENS ELIXIR GINSEND & ORANGE

 Food supplement in the form of elixir with red orange and ginseng flavour

 Prebiotic fibre GOFOS ™ with a significant therapeutic effect forms the basic carrier of the elixir

Active ingredients - Yerba mate extract containing taurine and caffeine

 Yerba mate is a South American tree, its dried and crushed leaves are known as yerba maté and contain a large amount of minerals, vitamins and antioxidants with a beneficial effect on the body

 Yerba mate drinks have become popular throughout South America for their strengthening and stimulating effects because they supply energy, improve memory and mood

• The amino acid taurine is a powerful antioxidant, acts as a stimulator of brain activity and has a positive effect on overall performance

 Caffeine is an alkaloid that favourably stimulates the central nervous system and heart activity, suppresses fatigue and increases concentration and alertness

 $\cdot \;\;$ Vegan products without artificial colouring, gluten and lactose







ESSENS ELIXIR FOREST FRUIT FOR KIDS

- Food supplement in the form of a elixir with a forest fruit flavour
- Prebiotic fibre GOFOS ™ with a significant therapeutic effect forms the basic carrier of the elixir
- Active ingredients wild crapemyrtle extract and European larch extract
- · The elixir is suitable for children from 3 years of age
- Wild crapemyrtle, i.e. acerola is a shrub or tree also known as tropical cherry and is one of the richest sources of vitamin C, which contributes to the normal function of the immune system and protects cells from oxidative stress.
- The patented ResistAid® substance is a 100% pure extract of natural substances from European larch, which has a great effect on immunity
- The elixir supports children's body immunity, contributes to reducing the rate of fatigue and exhaustion, supports the absorption of iron and contributes to the normal functioning of the nervous system and the production of collagen
- vegan product without artificial colorants, gluten and lactose free



700 ml/£43.80

ESSENS ELIXIR MEASURE CUP

 Stylish measuring cup made of high-quality glass with ESSENS Syrup design and 20ml measurement mark.



1 pc|£2.20









ESSENS ELIXIR FUNNEL

 The practical ESSENS Syrup funnel makes dispensing your favourite syrup easier than ever.



1 pc**|£3.00**





www.essenstv.com

